

Vale of Clwyd Mind Membership Application Form

Title _____ First Name _____

Last Name _____

Organisation (*if applicable*) _____

Address _____

Town _____ Postcode _____

Preferred telephone number _____

Email _____

I am interested in becoming a member of Vale of Clwyd Mind because:-

- I have / had personal experience of mental distress
- A family member or friend has/had personal experience of mental distress
- I care for someone with a mental health problem
- I work in the mental health sector
- I am interested in mental health
- I would prefer not to say

I would like to help Vale of Clwyd Mind promote good mental health by

- Sharing my experience and views
- Helping to campaign
- Taking part in surveys and research groups
- Volunteering
- raising money to support Vale of Clwyd Mind

I heard about Vale of Clwyd Mind membership through

- The Vale of Clwyd Mind Website
- Friends / Work colleagues
- Social groups
- Other - please specify _____

Aims and Objectives

Vale of Clwyd Mind is a voluntary organisation offering support and services to people with mental health problems who live in Wales.

Vale of Clwyd Mind seeks to:

- uphold the rights and represent the interests of users of mental health services, their families and carers
- identify the needs of people with mental health problems
- improve public knowledge, so creating greater awareness and understanding of mental health issues
- provide housing, with care and support for people who have experienced long periods of mental distress
- manage social clubs offering informal support, information and leisure activities
- raise funds to establish additional services as needs are identified

How will I benefit by becoming a member of Vale of Clwyd Mind?

Training and conferences – we offer a wide range of training and run various events throughout the year, all are discounted or free for members

Support and Information – access to leaflets, factsheets and booklets on an array of subject's relating to wellbeing and mental health. The Vale of Clwyd Mind Newsletter and regular updates.

A sense of contribution to and involvement in society – we attend local country fayres and other seasonal events including the National Eisteddfod with our information bus 'DORIS'. We are constantly in need of help and support for these events.

Friendship and support – Share experiences with other Vale of Clwyd Mind members, make new friends and help campaign on relevant mental health issues. Being a member of Vale of Clwyd Mind gives members the chance to be heard and the chance to have a say on how we can keep moving forward.

Declaration

I agree to abide by Vale of Clwyd Mind's Aims and Objectives.

I understand that, in the event of Vale of Clwyd Mind Association being brought to a close, I may be liable to contribute a maximum of £1.00 towards any losses.

I agree to pay the appropriate annual membership subscription
(currently: waged - £2.00, unwaged - £1.00, life membership - £5.00)

This is the minimum membership subscription; however we would very much welcome larger donations if you feel that that you have the appropriate funds to do so.

Signed _____

Date _____

Please return your completed form to:-

Membership subscriptions

Vale of Clwyd Mind

15 Bedford Street

Rhyl

Denbighshire

LL18 1SY

Email: enquiries@valeofclwydmind.org.uk

Tel: 01745 336787

Fax: 01745 330955